

Transform yourself with Energetic NLP

Summer Evening Workshops

Do you want to?

- Δ Release blocks to business and personal success
- Δ Become more authentic
- Δ Construct a brighter, more abundant future
- Δ Change yourself without saying a word

What is Energetic NLP?

Energetic NLP is a synthesis of the best from:

- Δ NLP (Neuro-Linguistic Programming)
- Δ Energetic Systems
- Δ Intuition Development
- Δ Spiritual Development



Helen Oakwater

Trainer, coach, writer; and communications expert, with a passion for learning and people.

Energetic NLP combines the power of the most effective systems for achieving success & personal and spiritual growth and helps you to open up your connection to your inner wisdom and your intuition. Using Energetic NLP you can perform energetic healing and transformative work or simply create more joy and fulfilment in your life. By applying these practices regularly your life will be transformed. Having the ability to let your energy flow through your body is a key element in our health. Energy blocks can happen due to all sorts of things; emotions, operations, accidents, traumas. These workshops are running with the blessing of Art Giser, the developer of Energetic NLP who trained Helen

Wednesdays 7-9pm

Arrive from 6.30pm to enjoy tea by the river

August 4th, 11th, 18th, 25th; September 1st, 8th

It's the holiday season, so dip in and out; attended 1,2,3,4,5 or all 6 sessions

Venue: By Richmond Bridge. Sessions will be both inside and in the glorious gardens adjoining the river

Contact: 020 8288 0334 or helen@helenoakwater.co.uk

Groups are very small hence places are strictly limited, so call immediately to guarantee your place.



£40 for each 2 hour session

£150 for all six evening sessions (saving £90)

£90 for 3 sessions (25% discount)

As with all Helens trainings there is a "no quibble",
100% money-back guarantee if you are not fully satisfied